Farnborough District Motor Club

presents the

Dimanche Sprint

on Sunday 19th April 2026
at Rushmoor Arena (near Aldershot)

Cover photograph courtesy of Geoff Wade, FDMC Media & PR

A qualifying round of the following Championships:

ACSMC Hamilton Motorsport Speed Championship 2026
MGCC Speed Championship 2026
Sevenoaks & District Motor Club Insite Graphics Speed League 2026
Go Traffic Management AEMC/ASEMC Speed Championship 2026

Introduction

Welcome to the FDMC Dimanche Sprint 2026, our first of three Sprints for the year sees us returning to Rushmoor Arena for this event. We will also be going to Abingdon for the Car-nival Sprint and then back to Eelmoor Driver Training Area in October for the Sprint Royale. We are also pleased to see that our friends from the MG Car Club, Sevenoaks & District Motor Club along with the ACSMC and AEMC/ASEMC championships are joining us for the event.

For those of you who are experienced Sprinters, you will note that the Class names and descriptions are in line with the National Competition Regulations. Can we recommend that you read through the regulations carefully and check which class is the correct one for your car? Should your car have any modifications away from standard or was built before the end of 1999, it does not belong in class 1 or 2! If you have any questions, please ask in advance.

Due to an increase in the MoD licence fees and other charges, we have had to increase the entry fee this year. As has become the norm for the rest of our events throughout the year, you can use a debit card, credit card or Paypal to pay for your entry.

Due to the popularity of the classes we have run for Renault and Alpine cars over the last few years, we will be doing so again at Rushmoor Arena and, later in the year, Eelmoor Driver Training Area. If you enjoy seeing some of these classic French cars in action then Rushmoor Arena and Eelmoor are the places to see them again.

We are also offering up to five timed runs again (depending on the weather!) to increase the value for money. The entry limit is 85 and we would ask you to put your entries in as soon as possible to ensure a viable event. Unfortunately, we are unable to accept single-seaters due to the restrictions of the Track Licence.

If you enjoy the event, but are not looking to compete, then please volunteer your services as a marshal. Our Chief Marshal will be more than happy to hear from you if you are able to come and help out during the day. As well as giving you a good days sport to look at, we will also supply you with a lunch ticket to be used at the food wagon. It is a good chance to get up close to the action and to see the drivers and cars in action.

If you also enjoy other forms of motorsport then why not visit the FDMC website at www.fdmc.org.uk. If you can do it in club motorsport then FDMC is more likely involved in it somewhere. Log on and find out.

We would like to extend our thanks to Landmarc and the DIO for the use of the venue, and to the hard work and help put in by their Land Wardens for this event.

Steve Castle & the FDMC Event Organising Team

Supplementary Regulations

1. Farnborough District Motor Club Limited will organise and promote an Interclub status Sprint on Sunday 19th April 2026, at Rushmoor Arena, near Aldershot. (MR: 186/850518, Post Code – GU11 2HF, What3Words – flames.daily.danger (exit off the main road via the gate.)

2. The meeting will be governed by the National Competition Regulations of Motorsport UK (incorporating the provisions of the FIA's International Sporting Code); these Supplementary Regulations; and any further written instructions that the organisers issue for the event.

3. The Motorsport UK Permit Number is TBA.

4. The event is open to competitors holding a valid Motorsport UK Competition Licence who are registered contenders in either the ACSMC Hamilton Motorsport Speed Championship 2026, the MGCC Speed Championship 2026, Sevenoaks & District Motor Club Insite Graphics Speed League 2026 and the 2026 Go Traffic Management AEMC/ASEMC Speed Championship. It is also open to fully elected members of Farnborough District Motor Club and of Clubs affiliated to the ACSMC, ASWMC, ASEMC and AEMC Regional associations as listed in the Motorsport UK 2026 National Competition Regulations. The event is prescribed as NCAFP by the FIA and Motorsport UK.

5. All competitors and drivers must produce a valid Competition Licence and Club Membership Card. Competitors in Categories A & B must also produce valid MOT Certificates, and all relevant insurance documentation.

6. The programme of the event will be as follows:

Scrutineering starts:	07:15 hrs.
Signing-on starts:	07:45 hrs.
Drivers Briefing:	08:45 hrs.
Practice Runs:	09:00 hrs.
Timed Runs:	13:00 hrs (Approx)
Awards Ceremony	Within 10 minutes of the results being declared Final.

   Any Competitor not signed on by 09:00 hrs may be excluded. Competitors should remove all previous scrutineering tickets from their car.

7. The length of the course is approximately 1 mile and consists of one 'figure of eight' lap over a 'normal' road with average width of 4.5 metres. Penalties for striking course markers will be as follows:

Striking any course marker	5 seconds penalty
Striking Timing Equipment	FAIL (No time)

   All marshals who will be JUDGES OF FACT in respect of infringements of the above will be named on the official notice board.

8. Awards will be presented as follows:

Fastest Time of Day	A Trophy
1st in Class	A Trophy
2nd in Class (subject to 4 starters)	A Trophy
3rd in Class (subject to 7 starters)	A Trophy
Best Performance by FDMC Member	A Trophy*

   Scrutineers Award, given to the best prepared and presented car, as judged by the scrutineer's team.

   *Other than recipients of Overall or Class Awards.

   Trophies will not be awarded if the winner is not at prize giving.

9. The entry list opens upon publication of these regulations and closes finally on Monday 13th April 2026. The Entry Fee will be £130, with a reduced entry fee of £75.00 for drivers under the age of 18 years on the date of the event. All entries must be made on the official entry form and must be accompanied by the correct entry fee. Your entry will not be confirmed until payment is received.

10. Entries should be made online at http://www.fdmc.org.uk/dimanche26. For paper entries, contact the Secretary of the Meeting, Michael Weeks, T: 07881 625446 or E: michaeljweeks@hotmail.com. Do not call after 9:30 pm.

11. The event will consist of the following categories and classes:

A. Road Cars: Ch.14 App.4 Art1. 6 and Standard Cars: Ch.14 App.4 Art.1.5 (excluding cars in Appendix 1)

1. 'Standard Cars': Up to 1600cc – 2wd only - List 1A tyres
2. 'Standard Cars': Over 1600cc to 2000cc – 2wd only - List 1A tyres
3. Up to 1600cc: 2wd only - List 1A or 1B tyres
4. Over 1600cc to 2300cc - 2wd only - List 1A or 1B tyres
5. Over 2300cc: 2wd only - List 1A or 1B tyres
6. 4wd of all engine capacities - List 1A or 1B tyres

B. Road Cars: Kit Type and Replica Cars (examples are included in Appendix 1)

7. Up to 1800cc - excluding motorcycle engine cars - List 1A or 1B tyres
8. Over 1800cc and all motorcycle engine cars - List 1A or 1B tyres

Modified Cars: Ch.14 App.4 Art. 1.7 (excluding those listed in Appendix 1):

9. Up to 1400cc
10. Over 1400cc to 2000cc
11. Over 2000cc

Kit Type and Replica Cars (examples are included in Appendix 1)

12. Up to 2000cc - excluding motorcycle engine cars
13. Over 2000cc and all motorcycle engine cars

C. Sports Libre Cars: Ch.14 App.4 Art.1.8

14. Sports Libre - car engines up to 1800cc & motorcycle engines up to 1100cc
15. Sports Libre - car engines over 1800cc & motorcycle engines over 1100cc

D. Special Classes

16. Renault Gordinis & Alpine Renaults up to 1600cc
17. Renault Gordinis & Alpine Renaults over 1600cc

Drivers of cars in classes 16 & 17 are reminded that if their car would normally be entered in class 9 to 13, they will need to wear a FHR when competing unless the car is a "period defined" vehicle in the Motorsport UK National Competition Regulation. If the car would normally be entered in class 1 to 8, FHR's are not mandatory but recommended.

Appendix 1

Two-seater cars such as Caterham, Westfield, Sylva, Fury and Lotus 7, Elise, Exige and 340R, Vauxhall 220, X-Bow and similar types/derivatives.

Note 1. Engine capacity increase/decrease factors:
a. Forced induction, an increase of 40%, except for 'Standard Cars' where an increase of 70% should be applied.
b. Rotary engined cars, an increase of 50% on the real capacity.
Note 2. Due to the constraints and limitations of the track licence for this venue we are unable to accept entries for single seater cars.

12. In the event of a dispute concerning the compliance of a vehicle to the regulations for the event the onus will be on the competitor to prove the compliance to the organisers. Road going cars must be taxed, insured and fully MOT tested (where necessary) and road legal in all respects. Documentation must be available at signing on if verification is requested or required by individual events.

13. Vehicles must not be left unattended under any circumstances when the engine is running. In the event that a responsible person is not seated in the driving position they must be in close proximity and the vehicle must be under their supervision at al times. (Ch.14. App.3 Art. 1.11)

14. The maximum entry for the event, including reserves, is 85. The minimum entry is 35. The minimum entry for each class is 3. Should entries fail to reach the minimum figures, the organiser's reserve the right to either cancel the meeting or amalgamate classes as necessary.

15. Junior Sprint and Junior Hill Climb Competitors aged 14 to 16 may compete until the end of the year of their 16th Birthday at Interclub status in vehicles of the following types, which will be classified separately from each other Ch.14. App.2. Art. 1.9a&b. They must also satisfy Ch.14.App2.Art1.10a,b&c.

16. Entries will be selected in order of receipt of entries. Entry fees may be refunded up to midday on Monday 13th April 2026, less an administration fee of £20 at the discretion of the organisers. In the event of cancellation or postponement of the event the organisers will return entry fees, less a reasonable amount to cover expenses incurred up to that time. A provisional entry list will be posted on our website and will be updated regularly.

17. Officials of the event are as follows:

Motorsport UK Steward	TBA
Clerk of the Course	Mr. Steve Castle
Deputy Clerk of the Course	Mr. Ian Stevens
Secretary of the Meeting	Mr. Michael Weeks
Deputy Secretary of the Meeting	Miss Jess Castle
Chief Marshal	Mr. Iain Morris
Safeguarding Officer	Miss Jess Castle
Chief Scrutineer	Mr. Vic Palmer
Chief Timekeeper	Mr. Ian Rogers
Chief Medical Officer	TBA
MSUK Environmental Inspector	Mr. Nick Tall
Event Stewards	Mr. David Walton & TBA

18. Interim results will be posted during the day on the event page on the Sportity app. Provisional results will be published on the Sportity app, as soon as possible after the final run of the day. Final results will be emailed or dispatched by post within 14 days of the event.

19. Any protest must be lodged in accordance with Ch.2.App.4.

20. Starting will be in CLASS ORDER. (Where a car is 'double entered', every effort will be made to run the drivers at their allotted time.) The starting signal will be by lights or flag with all runs being from a standing start. Start timing will be activated when a car breaks a light beam. The finish line will be clearly indicated by a chequered flag. Timing will be by automatic equipment. Timing struts must be fitted. See Ch.14.App4.Art 11.1. COMPETITORS MUST START TO SLOW IMMEDIATELY AFTER CROSSING THE FINISH LINE.

21. It is strongly recommended that competitors walk the course from 07:30. **There will be no convoy runs due to the nature of the course layout.** Each competitor will be given one practice run over the full course. There will be up to five timed runs with fastest time to count for the results. The organisers reserve the right to cancel the third, fourth or fifth runs if time or weather prevents all competitors from completing them. **Please leave yourself enough time, when walking the course, to return to the start line area for the drivers briefing at 08.45.**

22. Numbers. Competitors will be identified by Competition Numbers, which WILL NOT be supplied and will not be on sale at Signing On. These numbers must be in accordance with Ch.14.App.2.Art3.1 and acceptable by the chief timekeeper of the day. Where a car is double entered, the non-applicable numbers must be covered up or removed. If this is not done, the Timekeeper may not give a time and a re-run will not be permitted.

23. Towing point(s) of adequate strength and size are mandatory. They must be clearly identified and suitably marked on the vehicle using a high visibility colour and be accessible at the front and rear of the vehicle. Refer to Ch.14.App.4.Art2.11.

24. Please remember that cars driven to and from the event must have their competition numbers completely covered or removed at all times whilst driving on the public highway. Refer to Ch.14.App.2.Art3.2

25. All other National Competition Regulations of Motorsport UK apply as written, except for the following, which are modified: Ch.14.App2.Art5.1 No driver may drive more than one car for this event unless the entry list is not filled.

26. Please note regulation Ch.14 App.2 Art.4.3, Competitors are required to wear flame-resistant gloves (see Ch.9 Art.12.6) with the exception of Standard Cars and Road Cars where their use is recommended. The use of a flame-resistant balaclava (Ch.9 Art.12.3) is mandatory with the exception of open bodywork Period Defined Vehicles (Non-Rally) A-D, Standard Cars and Road Cars where their use is recommended. For all categories the wearing of flame-resistant socks (Ch.9 Art.12.4) and underwear (Ch.9 Art.12.2) is strongly recommended

27. The warming of tyres anywhere on the venue, or practicing of competing cars outside the designated competition area is strictly forbidden and will result in exclusion from the event. Please note that single use plastic tyre wrapping is prohibited. (Ch.14.App.3.Art1.3).

28. Noise. All cars must comply with regulations Ch.7.App.8.Art.1.3. The organisers reserve the right to noise test any competing car at any time during the meeting and excess noise may result in exclusion from the meeting. Testing will be carried out in line with Ch.7.App13.Chart 1, and the limits for Hillclimb & Sprint.

29. Flag signals. Only two flag signals will be used, a RED FLAG at each marshal's post for STOP and a CHEQUERED FLAG at the finish line. If shown a RED FLAG, competitors will be expected to **stop** at the next marshal's post and await instructions.

30. Hot and cold refreshments will be available throughout the day from a food wagon in the Paddock. Please support this facility.

31. This site is now a Tobacco Free Working Environment i.e. the use of all tobacco products (including combustible and chewing tobacco products) is forbidden. Breaching of this regulation could cause loss of the venue to the sport. People caught in breach of this regulation will be escorted from the venue. Vaping is permitted.

32. Please make sure you take home any litter or rubbish you generate during the course of the event.

33. Paddock Passes. This is a non-spectator venue. Only two cars per competitor will be allowed access to the venue. Each competitor will be issued with 2 passes with their final instructions. These will need to be printed off and be shown at the entry gate to allow entry. This is due to a new licensing regulation put in place by the DIO (landowners).

34. There is to be no taking of pictures or video on the venue. This is again due to a new licensing regulation put in place by the DIO. If we can gain permission for taking pictures, you will be notified in the Final Instructions.

35. Trailer parking. Due to the compact nature of the paddock area, the parking of trailers with the competing cars is strictly forbidden. Once you have unloaded your competing car and support equipment, tyres etc, please take the trailer to the marked area.

36. If you would like to join FDMC to compete on this and any of our other events please go to our website (click here) where the form can be found. This will need to be submitted with your entry form, we will take care of the rest.

37. Media: photographs and video footage may be recorded at FDMC events. Any such media may later be used in our marketing, web, social media and other such activities. If you do not wish your picture to be used, you must advise the Event Secretary by email, at least 48 hours prior to the day of the event.

38. Race with Respect. In line with the MS UK initiative, by entering the event drivers agree to be bound by it and be responsible for any crew or helpers they bring to the event too. The Race with Respect Code of Conduct and further information is available on the Race with Respect page on the Motorsport UK website: **www.motorsportuk.org/racewithrespect**.

39. All Competitors, their associates, Officials and Marshals must be aware of their behaviour and conduct at all times and any abusive language or harmful behaviour will not be tolerated. Any incidents must be reported to the Event Officials or Safeguarding Officer who will also relay the report to Motorsport UK.

Enter & pay online: **http://www.fdmc.org.uk/dimanche26**

IF YOU ARE UNABLE TO COMPETE, YOUR HELP AS A MARSHAL WOULD BE MUCH APPRECIATED. OFFERS OF HELP SHOULD BE DIRECTED TO:
Iain Morris, Telephone: 07747 182698 Email: iainmorris@fdmc.org.uk

Volunteer to marshal:
www.fdmc.org.uk/marshal